



2019 RIDE FOR THE ROUGE AGREEMENT, RELEASE WAIVER AND INDEMNITY

I AGREE

- 1) That at all times during the 2019 Ride (and Hike) for the Rouge my safety remains my sole responsibility and that I will observe all the rules of the road and hiking trails; and
- 2) That I will wear an approved bike helmet while riding in the 2019 Ride for the Rouge and/or wear appropriate hiking attire and footwear as outlined by the Rouge Valley Conservation Centre while hiking in the 2019 Hike for the Rouge; and
- 3) That I am aware of the risks inherent in participating in the 2019 Ride (and Hike) for the Rouge and assume all such risks.

I for myself and my heirs, HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE the Rouge Valley Foundation, and all other associations and sponsors, and all their respective officials, servants, representatives, volunteers and assigns OF AND FROM ALL claims, demands, damages, costs, expenses, in respect of death, injury, loss or damage to my person or property HOWSOEVER CAUSED, by reason of my participation in the 2019 Ride (and Hike) for the Rouge AND NOTWITHSTANDING that same may have been contributed the negligence of the aforesaid. I FURTHER UNDERTAKE TO HOLD AND SAVE HARMLESS and AGREE TO INDEMNIFY all of the aforesaid from and against any and all liability incurred by any or all of them arising as a result or in anyway connected to my participation in the 2019 Ride (and Hike) for the Rouge. BY SUBMITTING THIS ENTRY I ACKNOWLEDGE HAVING READ, UNDERSTOOD, AND AGREED to the above AGREEMENT, RELEASE, WAIVER AND INDEMNITY. I WARRANT that I am physically able to participate in this event, and that all of my cycling equipment is mechanically fit.

Date: _____

Name of participant: _____

Participant's signature: _____
(or parent/guardian if under 18 years of age)



ROUGE VALLEY CONSERVATION CENTRE
ROUGE VALLEY FOUNDATION